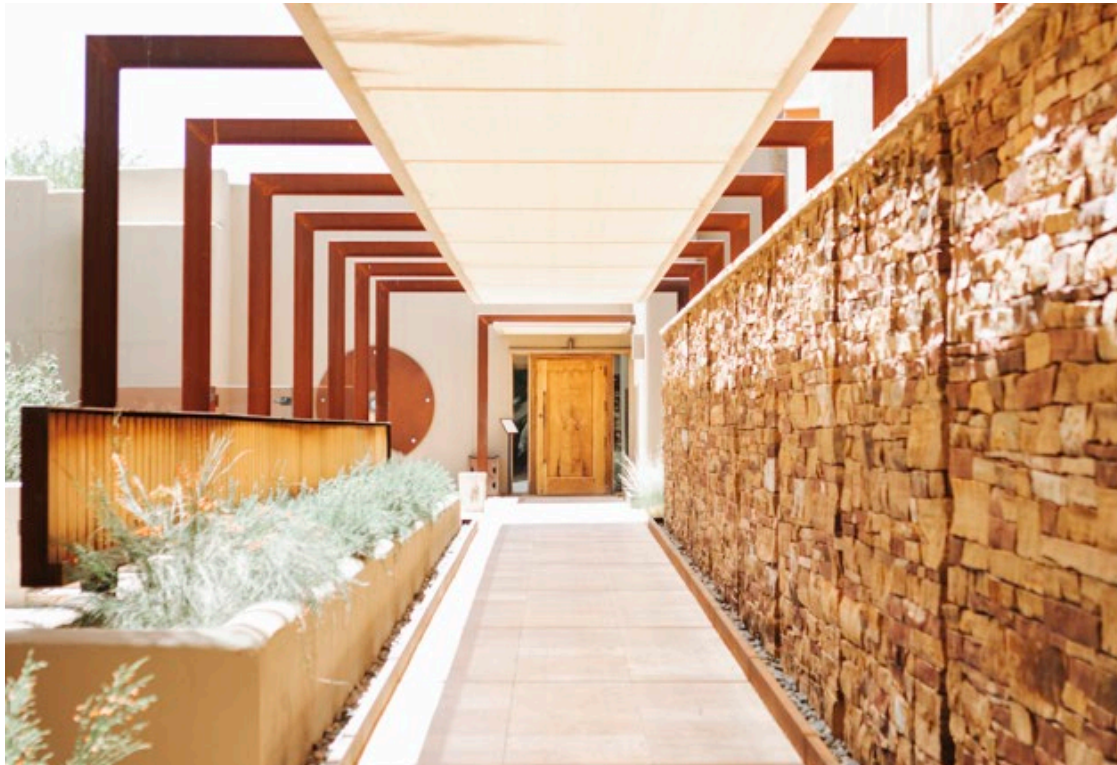


# SPA PRICING MENU

Life In Balance Spa  
Hours 8:30 AM - 9:00 PM

Please plan to arrive at the spa at least 10 minutes prior to the scheduled treatment start time on your itinerary.

Relax in our quiet room before or after your service. Late arrivals will end at the scheduled time. Spa treatments are non-refundable for cancellation and changes 4 hours prior to the treatment start time.



SERVICE	TIME	PRICE
SALON - MANICURE & PEDICURE		
Cold Stone & Clay Manicure	50 min	\$90
Cold Stone & Clay Pedicure	50 min	\$105
Deborah Lippmann Signature Manicure	50 min	\$80
Deborah Lippmann Signature Pedicure	50 min	\$95
Express Manicure	20 min	\$60
Express Pedicure	20 min	\$65
French Polish <i>add on for Mani/Pedi</i>	-	\$25
Manuka Honey Manicure	50 min	\$80
Manuka Honey Pedicure	50 min	\$95
Shellac Removal <i>add on for Mani/Pedi</i>	-	\$30
Sweet Birch & Stone Manicure	50 min	\$90
Sweet Birch & Stone Pedicure	80 min	\$150

SALON - HAIR		
Bang Trim	25 min	\$30
Beard/Mustache Trim	25 min	\$30
Color	80 min	\$165
Clipper Cut	25 min	\$45
Highlighting	80 min	\$185
Mindful Hair & Scalp Renewal	80 min	\$205
Shampoo, Cut, Style - Short	50 min	\$90
Shampoo, Cut, Style - Long	80 min	\$130
Styling Treatments - Short	50 min	\$80
Styling Treatments - Long	80 min	\$120

*\*We are a natural nail salon.*

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SERVICE	TIME	PRICE
AYURVEDA		
Abhyanga	50 min	\$205
Brahmi Charan	50 min	\$215
Brahmi Swedna	50 min	\$215
Rasayana Renewal Ritual	100 min	\$380
Rasayana Shirodhara	100 min	\$380
Shamana-Karma	75 min	\$270
Ultimate Ayurveda	100 min	\$380
Vendanta Mantra Meditation	75 min	\$250
Vendanta Mantra Meditation - Duet	75 min	\$325

SKIN CARE		
Alpha Beta Professional Peel**	-	\$65
Dermaflash Enhancement**	-	\$75
**This is an enhancement to a facial treatment and will not extend the time of the facial.		
Anti-Oxidant Vibrancy Facial	50 min	\$195
Cara Vida	50 min	\$215
Dermaflash Express Facial	20 min	\$145
Essence of Miraval Facial <i>including prenatal</i>	80 min	\$350
Express Glow Facial	20 min	\$145
Hydrafacial	50 min	\$315
Hydrafacial Express	20 min	\$155
Niramaya	50 min	\$195
Organic Facial <i>(ncluding prenatal)</i>	50 min	\$195
Probiotic Healing Facial	50 min	\$195
Purifying Back Facial	50 min	\$195
Quantum Energy Face Treatment	50 min	\$275
Quantum Energy Face Treatment	80 min	\$335
Renew & Restore Facial	50 min	\$195
Sun Goddess Facial	50 min	\$195
Vitamin C Facial	50 min	\$195
Vitamin C Facial	80 min	\$300



SERVICE	TIME	PRICE
<b>ENERGY &amp; EASTERN</b>		
Acupuncture <i>including prenatal</i>	20 min	\$145
Acupuncture <i>including prenatal</i>	50 min	\$195
Acupuncture	80 min	\$295
Ear Seeding * enhancement to acupuncture	~	\$35
Aqua Zen <i>including prenatal</i>	50 min	\$270
Chi Nei Tsang	50 min	\$185
Craniosacral Therapy <i>including prenatal</i>	50 min	\$190
Intuitive Massage	75 min	\$345
Jin Shou-Tui Na	50 min	\$245
Mother's Blessing	20 min	\$135
Mother's Blessing	50 min	\$195
Naga	50 min	\$255
Naga	80 min	\$315
Path of the Jaguar <i>including prenatal</i>	50 min	\$215
Qi Awakening	50 min	\$245
Qi Facial Rejuvenation <i>including prenatal</i>	75 min	\$345
Qi Grounding	50 min	\$245
Qi Journey	80 min	\$355
Reflexology	50 min	\$190
Reiki <i>including prenatal</i>	50 min	\$180
Syner-Qi	20 min	\$175
Syner-Qi	50 min	\$275
Syner-Qi	80 min	\$350
Thai Foot & Leg	50 min	\$200
Thai Massage	50 min	\$235
Thai Massage	80 min	\$295
Vasudhara	50 min	\$305



SERVICE	TIME	PRICE
<b>MASSAGE</b>		
Body in Balance	50 min	\$250
Body in Balance	80 min	\$345
Calming Hot Stone Massage	75 min	\$295
Deep River Stone Massage	75 min	\$305
Focus Massage	20 min	\$145
Intuitive Massage	75 min	\$345
Juniper Leg & Foot	50 min	\$215
Miraval Deep Massage	50 min	\$205
Miraval Deep Massage	80 min	\$305
Miraval Grounding <i>including prenatal</i>	50 min	\$195
Miraval Relaxation Massage	50 min	\$190
Miraval Relaxation Massage	80 min	\$290
Neck & Scalp Massage <i>including prenatal</i>	20 min	\$145
Neuromuscular Massage	20 min	\$165
Neuromuscular Massage	50 min	\$250
Neuromuscular Massage	80 min	\$345
Peaceful Sleep	20 min	\$150
Prenatal Massage	50 min	\$190
Sacred Sounds Massage	50 min	\$205
Sweet Slumber Massage	75 min	\$295
Syner-Qi	20 min	\$175
Syner-Qi	50 min	\$275
Syner-Qi	80 min	\$350
Tavasya	100 min	\$370
Tula <i>including prenatal</i>	50 min	\$215
Tula <i>including prenatal</i>	80 min	\$315

SERVICE	TIME	PRICE
<b>BODY RENEWAL RITUALS</b>		
Abundance	75 min	\$305
Desert Sage Body Polish	50 min	\$230
Detox & Firm	100 min	\$385
Ginger Healer	75 min	\$315
Lemongrass Escape <i>including prenatal</i>	100 min	\$370
Nature's Apothecary <i>including prenatal</i>	50 min	\$230
Prickly Pear Sugar Scrub <i>including prenatal</i>	50 min	\$230
Verbena Aloe Ritual	50 min	\$230

**PRENATAL SERVICES**

These services can be enjoyed throughout all stages of pregnancy:

- Facials
- Craniosacral
- Reiki
- Path of the Jaguar
- Neck and Scalp Massage
- Manicures and Pedicures
- Aqua Zen

These services can be enjoyed after the first trimester of pregnancy:

- Prenatal Massage
- Focus Massage
- Tula
- Miraval Grounding
- Lemongrass Escape
- Prickly Pear Sugar Scrub
- Nature's Apothecary

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