

SAFETY AT THE SPA

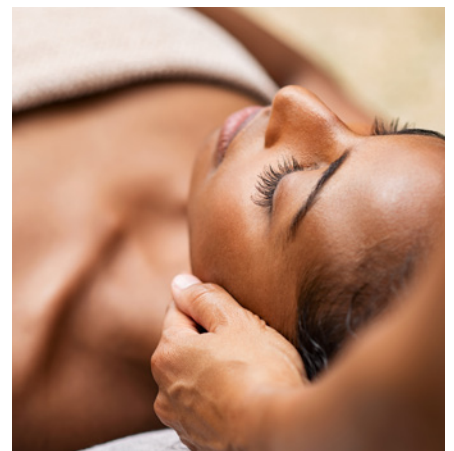
WHAT TO EXPECT DURING YOUR MIRAVAL SPA EXPERIENCE

Life in Balance Spa Hours 9am - 9pm

Safety protocols will be strongly enforced. Failure to comply with the measures below will result in refusal of service to protect your and our colleagues' wellbeing.

It is recommended that you arrive to your spa service in your room robe and personal footwear, ready for your treatment.

- We are offering a limited menu of spa services and reducing the capacity of our treatment rooms.
- Spa appointments fill up quickly and last minute spa availability cannot be guaranteed.
- Guests will receive contact-less temperature screen at each spa service check in with Spa Front Desk.
- All spa colleagues, guests and service providers are required to wear masks at the spa including the duration of their spa treatment. Guests receiving facial treatments, will be allowed to remove their mask for a portion of their experience.
- Guests will be requested to wash hands in the treatment room at start of service.
- Providers will wash hands pre and post service in the treatment room.
- Steam Rooms and Saunas will not be available for use, however:
 - Lockers and showers are available for use and will be sanitized, restocked and secured/locked with a higher frequency.
- Quiet Lounge seating is available and allows for physical distancing. Snacks and beverage service at the spa has been temporarily suspended.



CURRENT LIFE IN BALANCE SPA SERVICES

Offered September 2020

SERVICE	DURATION	PRICE
AYURVEDA		
Abhyanga	60MIN	\$205
Brahmi Charan	60MIN	\$195
Rasayana Renewal Ritual	90MIN	\$350
Shamana-Karma	75MIN	\$270
Vedanta Mantra Meditation	60MIN	\$195
ENERGY & EASTERN		
Acupuncture	60MIN	\$195
Chi Nei Tsang	60MIN	\$185
Craniosacral Therapy	60MIN	\$190
Intuitive Massage	60MIN	\$215
Intuitive Massage	90MIN	\$345
Jin Shou-Tui Na	60MIN	\$245
Mother's Blessing	60MIN	\$165
Path of the Jaguar	60MIN	\$215
Qi Grounding	60MIN	\$245
Reflexology	60MIN	\$190
Reiki	60MIN	\$180
Reiki	90MIN	\$290
MASSAGE		
Beautiful Mother-to-Be	60MIN	\$190
Beautiful Mother-to-Be	90MIN	\$290
Body in Balance	60MIN	\$250
Body in Balance	90MIN	\$345
Deep Desert Massage	60MIN	\$205
Deep Desert Massage	90MIN	\$305
Juniper Leg & Foot	60MIN	\$215
Miraval Grounding	60MIN	\$195
Miraval Relaxation Massage	60MIN	\$190
Miraval Relaxation Massage	90MIN	\$290
Neuromuscular Massage	60MIN	\$250
Neuromuscular Massage	90MIN	\$345

SERVICE	DURATION	PRICE
SKIN CARE		
Alpha Beta Professional Face Peel**	-	\$65
** This is an enhancement to a facial treatment and will not extend the time of the facial. Must be booked in conjunction with a facial or can be added into the experience at the time of the service.		
Beautiful Back Facial	60MIN	\$195
Cara Vida	60MIN	\$215
Miraval Man Facial	60MIN	\$195
Niramaya	60MIN	\$195
Organic Facial	60MIN	\$190
Pre-Natal Organic Facial	60MIN	\$195
Probiotic Healing Facial	60MIN	\$195
Renew & Restore Facial	60MIN	\$195
Sun Goddess Facial	60MIN	\$195
Vitamin C Facial	60MIN	\$190
Vitamin C Facial	90MIN	\$300
SALON - NAILS		
Express Manicure	20MIN	\$60
Express Pedicure	20MIN	\$65
Deborah Lippmann Signature Manicure	50MIN	\$80
Deborah Lippmann Signature Pedicure	50MIN	\$95
French Polish	-	\$25
Manuka Honey Manicure	50MIN	\$80
Manuka Honey Pedicure	50MIN	\$95
Shellac Removal	-	\$30
SALON - HAIR		
Bang Trim	25MIN	\$30
Beard/Mustache Trim	25MIN	\$30
Color	80MIN	\$165
Highlighting	80MIN	\$185
Men's Haircut	25MIN	\$45
Mindful Hair & Scalp Renewal	80MIN	\$205
Shampoo, Cut, & Style - Short	50MIN	\$90
Shampoo, Cut, & Style - Long	80MIN	\$130
Styling Treatments - Short	50MIN	\$80
Styling Treatments - Long	80MIN	\$120