

OCTOBER 2018

# TRAVEL+ LEISURE

## THE PHOTOGRAPHY ISSUE

**VIETNAM  
BY LAND AND  
BY SEA**

**ITALY'S  
BEST-KEPT  
SECRET**

**THE ALIEN  
LANDSCAPES  
OF CHILE**

**FALL IN  
UPSTATE  
NEW YORK**

**+24  
CAN'T-MISS  
CULINARY  
ADVENTURES**

*Ha Long Bay,  
in northeastern  
Vietnam.*

TRAVELANDLEISURE.COM





Get off the grid and reconnect with nature at Secret Bay, Dominica's famed resort.

## OPERATION VACATION

At *Travel + Leisure*, we want every American to join us in committing to using all our vacation days this year. So we created Operation Vacation, a program of exclusive travel deals designed to inspire your next trip. Whatever experience you're looking for, you'll find dozens of terrific discounts on flights, hotels, cruises, and vacation packages at [travelandleisure.com/operationvacation](http://travelandleisure.com/operationvacation). Here are two of this month's highlights.

### Noelle, Nashville

**30 PERCENT OFF**

This sleek, 224-room property occupies the former Noel Place, which opened in 1930 as one of Nashville's first luxury hotels. Located on the famous Printer's Alley (just steps from the city's main honky-tonk drag), it has newly restored Art Deco details such as terrazzo floors, brass hardware, and geometric wood carvings. Learn about the building's storied past at the on-site archival library, then grab a cocktail at the rooftop bar or order hearty dishes like steak with umami butter at the popular restaurant *Make ready Libations & Liberation*. **The Details:** 30 percent off two-night stays or longer through October 31. Offer includes accommodation in a Super room and a daily breakfast special. Doubles from \$250 per night; for information on how to book, visit [tandl.me/noelle](http://tandl.me/noelle).

### Secret Bay, Dominica

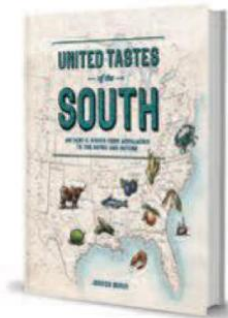
**30 PERCENT OFF**

Set on the island's untrodden northwestern coast, this intimate collection of cliffside villas reopened last fall after extensive post-hurricane renovations. The eco-friendly property now has a host of new amenities, including a tree-house-style spa, the Zing Zing restaurant, and a yoga pavilion suspended over the Cario River. The villas themselves? Sustainably built from Guyanese greenheart wood, they have sweeping views of the mountains and the sea. **The Details:** 30 percent off six-night stays from November 1 to January 31, 2019 (blackout dates may apply). Offer includes accommodation in a villa with a plunge pool, a hot-stone massage for two, a welcome dinner, an offshore boat excursion, and airport transfers. Villas from \$780 per night; for information on how to book, visit [tandl.me/secret-bay](http://tandl.me/secret-bay).

**FROM SOUTHERN LIVING**

### United Tastes of the South by Jessica Dupuy

Re-create some of the South's iconic dishes, from gumbo and grits to crawfish and 'cue, with this new cookbook from fourth-generation Texan Jessica Dupuy. The veteran food writer draws on the region's cultural traditions and cooking styles to update 150 recipes, like Appalachian apple stack cake and Kentucky burgoo. [amazon.com](http://amazon.com); \$32.



**FROM SHAPE**

### Shape Escape Weekend at Miraval Arizona Resort

Our friends at *Shape* are teaming up with Tucson's legendary Miraval Arizona Resort & Spa—which T+L readers named one of the top domestic destination spas in our 2018 World's Best Awards—to organize a wellness weekend to remember. Curated by *Shape* editors and lifestyle experts, the four-day event includes butt-kicking workouts, well-being workshops, fashion previews, sessions with a relationship coach, and much more. Learn more at [miravalarizona.com](http://miravalarizona.com).