

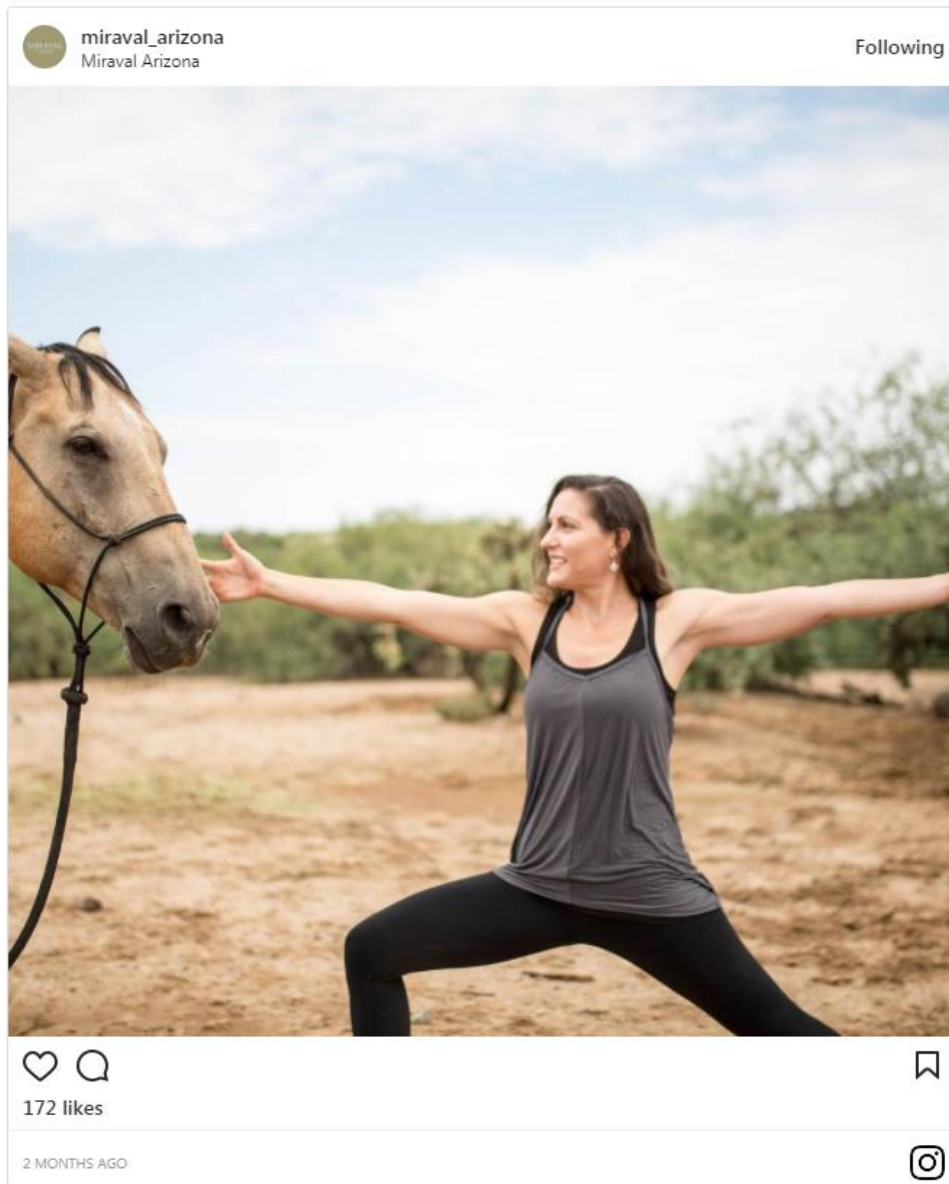
POPSUGAR.

POPSUGAR › Fitness › Yoga › Best Yoga Retreats

Just Breathe: 10 Amazing Yoga Retreats From Around the World

January 30, 2018 by [EMILY CAPIELLO](#)

120 Shares



Miraval

Located in Tucson, AZ, [Miraval Arizona Resort and Spa](#) is a stunning retreat that offers workshops like mindful stress mastery, pranayama combined with mudras for mind focus, and restorative yoga for people of all levels. However, it also offers some more advanced classes like aerial yoga and private sessions, too.